

THE



BELL

Working together -Together things work

Week Commencing: 19 May 2014

Lunch Menu Week 1

Dear Parents, I would like to say well done to our year 6 children who have worked so hard this week with their SATs. We have also had a large number of children sitting level 6 tests this year. This is particularly impressive as this is a level a child is expected to achieve in year 8!

Finally I would like to warmly welcome Neville Owens to our staff. Neville is our new caretaker and we look forward to working with him. Enjoy your weekend,
Sean Sibley

SCOOTER TRAINING

for children in Reception, Years 1 and 2 is on **WEDNESDAY 21 MAY**

Certain children in Years 3-6 will have scooter training on **THURSDAY 22 MAY**



DRINKS

We have a lovely choice of drinks for children to buy at break-times including water, apple juice, orange juice and tropical fruit juice. They cost 30p and every penny of profit goes to The Friends which in turn benefits your child.



Brownies

If you are between 7 and 10 years of age then this is for you!

1st Whittington Brownies meet on a Thursday night at Whittington Community Centre from 6.00—7.15pm.

Come and join us for games, badges, crafts and FUN!

Go to www.girlguidinguk.co.uk to sign up.

For additional information call 07868660241

Get into golf

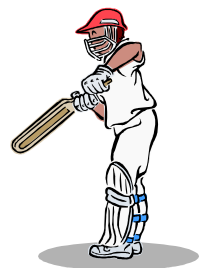
Junior Taster / Coaching Sessions at HENLE PARK GOLF CLUB

Saturday mornings and Thursday evenings in May.

Please call 01691 670680 for details

CRICKET COACHING

Every Wednesday 6.30—8.00pm, for 12 weeks Open to children aged 9 and over £3 per session . Please contact Mike Brunt for more information: m.brunt_greystone@fsmail.net



Can we please remind parents to keep an eye on their Allpay accounts. It is not our responsibility to check your balances and text you when you go overdrawn. If you go overdrawn by £6 your child will be refused a dinner and you will have to provide sandwiches.



DIARY DATES— The Week Ahead - DEXYS is on all week

Monday 19 May

- 11.30am Sports Superstars at Thomas Adams School, Wem for children in Year 4. Come to school in uniform and bring PE kit, packed lunch, snacks and plenty of water!
- PM Muddy Mondays is ON for children in reception Class
- 3.15—4.15pm Sticky Fingers Church-run craft club open to all year groups. Theme is 'Colours of the Church' 50p to cover the cost of refreshments
- 3.15—4.30pm Multisports Club with Mr Walker
- 3.30—4.30pm Bowling Club starts for children in Years 5+6 at Whittington Cricket and Bowling Club. Free. Parents must take and collect their child or allow them to walk.

Tuesday 20 May

- 12.30—1.00pm I-pod Club for children in Year 6.
- PM Drumming Lessons.
- PM Violin lessons for children in Years 4 and 5
- 3.15—3.30pm Library open
- 3.15—4.15pm Dance Club for children in Years 1 + 2. £3/week. Please pay the dance teacher
- 3.15—4.15pm Hoola Hoop Club for children in Years 3-6 £12 for 5 sessions
- 3.15—4.30pm Cricket Match at Oswestry School
- No Cricket Club after school

Wednesday 21 May SCOOTER TRAINING—Reception, Years 1 + 2

- ALL DAY Scooter Training for children in Reception Class, Years 1 and 2
- 9.00—12.30pm Mini Tennis Event at The Marches School
- PM Sports Coaching for children in Years 2, 3 and 4
- 3.15pm NO Homework Club—this has now finished
- 3.15—4.15pm Mad Science Club for children in Years 3-6
- 3.15—4.30pm J H Coaching—Football Club for all year groups.

Thursday 22 May TRIP TO CHESTER ZOO

SCOOTER TRAINING—Certain Children in Years 3-6

- 8.40am Children in reception Class, Years 1 and 2 to be in school for registration before going to Chester Zoo at 9.00am. Back at 3.00pm
- 3.15—4.15pm Art & Craft Club.
- 3.15—4.15pm Rounders Club for children in years 4-6 with Mrs Jones and Miss Duggan. .
- 3.15—4.30pm Multisports Club for children in years 1 and 2. Spaces available

Friday 23 May BREAK UP FOR HALF TERM

- AM School Nurse screening children in Reception Class
- 3.15—4.30pm Gymnastics Club—FULL

DIARY DATES—Countdown to Summer Holiday

JUNE

Monday 2	Children return to school after half term
Friday 6	Sample Day for Year 6 children going to Marches in September 8.40am—3.00pm
Saturday 7	Friends Summer Fair 11.00—2.00pm
Tuesday 10	No Dance Club after school
Wednesday 11	Mad science Club- last session for children in Years 3-6
Thursday 12	Vision screening for children in Reception Class
Friday 13	KS1 Singing Festival at Holy Trinity Primary School 9.30—11.30am
Monday 16	Year 5 Open Door event
Tuesday 17	Senior Citizens having a school dinner delivered No dance Club after school
Thursday 19	1.15—2.30pm Year 6 (Group A) doing First Aid in the Hall
Friday 20	Recorder Workshop here at school 9.30—11.30am
Tuesday 24	Open evening at Marches for children currently in Year 5- 7pm
Thursday 26	1.15—2.30pm Year 6 (Group B) doing First Aid in the Hall
Monday 30	Bikeability Training for children in Year 6—Group A

JULY

Tuesday 1	Bikeability Training for children in Year 6—Group A
Wednesday 2	Key Strings event here at school
Monday 7	Bikeability Training for children in Year 6- Group B Shropshire Sings event for children in Year 2. Rehearse 3pm, Concert 6.30—8.00pm
Tuesday 8	Bikeability Training for children in Year 6—Group B
Wednesday 9	Sports Day at 1.30pm (1st choice)
Thursday 10	Induction Day and Evening for Year 6 children going to Marches in September 8.40am—3.00pm. Evening times to be confirmed. Shropshire Sings event for children in Year 2. Rehearse 3pm, Concert 6.30—8.00pm
Friday 11	Sports Day at 1.30pm (2nd choice)
Monday 14	Leavers' Service at the Church 1.30pm
Tuesday 15	Year 6 Performance 5.00pm
Wednesday 16	Year 6 Lunch with the Senior Citizens Open Evening 3.30—6.00pm for parents
Thursday 17	Break up for Summer Holidays

(Friday 18 and Monday 21 PD Day when children do not attend school)

The Great British Space Dinner: UK students invited to design a meal fit for an astronaut



The UK Space Agency is today launching a competition for school children between the ages of 7 and 14 to design a British-inspired, balanced and exciting meal for British ESA astronaut Tim Peake to eat during his 6 month mission to the International Space Station (ISS).

The winning contestants will be invited to develop their ideas further with celebrity chef Heston Blumenthal, and these ideas will be turned into real space food that will be launched to the ISS. They will also be invited to an event that will include a live link up with Tim during his stay on the ISS.



Children will need to design a British-inspired meal for Tim to eat in space, taking account of normal nutritional principles as well as the constraints of space (such as handling, packaging and preservation).

Entries must be submitted by noon on 30 June 2014 to the UK Space Agency via spacedinner@ukspaceagency.bis.gsi.gov.uk or by post. The [entry form and competition rules](#) will be available on the UK Space Agency website. Entries must include an ingredients list, the recipe and a photograph of the meal. Videos may also be used and links should be provided in the written submission.

There are educational resources linked to the Tim Peake mission for all key stages, available on the ESERO-UK website at www.esero.org.uk/timpeake

A team of judges, which will include Tim Peake, Heston Blumenthal and experts from the British Nutritional Foundation, will select the best entries. They will be looking for fun and healthy menus that excite Tim, have an element of Britishness, and have the potential to be transformed into a space dinner that could be flown to the ISS.

A Message from the Friends

- * From **Monday 19th** there will be small cups available from the school Office for parents and children to fill with sweets, or small toys. Once filled, can you please return them to Lucy in the Office. Ideally, we will need them back by **Friday 23rd May**. These will be sold on the day of the Friends Summer Fayre.
- * We're also looking for teddies, in good condition and clean please. If you could hand them in at the Office to Lucy, that would be fantastic. They can be handed in asap. Thank you.
- * We also need donations of toys, games, books etc, all in good condition and clean please. Why not have a clear out and make some space? Again, all donations to be handed to Lucy in the office as soon as you can please. Thank you.
- * The Friends Summer Fayre is on **Saturday 7th June, 11 - 2**. If you can spare any time at all to help set up, run a stall for a while or help to clear away, we'd be so very grateful. There will be a list going up in the Office area soon so that you can put your name and what you can help with down.
- * Nearer to the day, we'll be asking for donations of cakes (homemade or shop bought) and bottles. Watch this space for the date.

The Friends of Whittington charity realise that the above seems like a big ask, it must seem like we're always requesting 'something' but this is your child's school and the money we receive, goes back into the school for new story books, pens, craft items, treats, money towards trips out etc.

We always appreciate every single donation, in whatever form. So, please, whatever you can give will help us provide the things that the children need to enjoy their education.

Thank you

We are delighted to announce our 2014 primary school meal menus, which offer a superb range of healthy and nutritious foods.

All dishes produced by Shire Services meet the government's 'Nutritional Standards' and are analysed using the "Saffron Nutritional Analysis System".

Shire Services is committed to the Soil Association's 'Food for Life' initiative. Meals are prepared using fresh local ingredients. Fish products meet the 'Marine Stewardship Council' standards (MSC), and the ingredients used do not contain any of the 22 additives prohibited by Shropshire Council in school meals (see the 'Food for Life' website for further information). www.foodforlife.org.uk

Where our food comes from...

- Our meals are freshly prepared, using seasonal ingredients.
- We actively source local suppliers and products, including free range eggs and farm assured produce.
- All meat and poultry products used in the menu are sourced from within the U.K., from Shropshire and the West Midlands, using local butchers and the U.K. Foodhall in Shrewsbury.
- Yoghurts are supplied by Muller of Market Drayton and cheese by Belton Farm of Whitchurch.
- Fruit and vegetables are supplied from both Shropshire and the West Midlands, when in season.

We can cater for pupils with food intolerance

Please contact us on 01743 250250 for further information.

Special Themed Menus

We also offer a series of theme day menus throughout the year, including menus celebrating Chinese New Year, British Farmhouse Breakfast Week and British Sausage Week, to mention a few. Menu posters will be displayed at school and on our website.

Tips for a healthy lifestyle...

- Eat a good meal (main course and dessert, or main course and salad) at least once every day
- Try to eat 5 servings of fruit and vegetables a day.
- Drink up to 6 glasses of water a day to keep you hydrated. This is very important, especially when taking part in sports and other physical activities.
- Eat more oily fish to improve your brain power and increase your level of concentration.
- Don't snack on packets of crisps and biscuits, but choose fruit instead.

Free School Meals

You may qualify for free school meals. Telephone 0345 678 9000 for further information.

Why not join our team?

We offer job opportunities for employment in administration, catering and cleaning. All job vacancies are advertised at www.shropshire.gov.uk

Head Office

Shire Services
Shirehall
Shrewsbury
SY2 6ND
Tel: 01743 250250
shire.services@shropshire.gov.uk

1 Choice Menu C



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as 'Shropshire School Meals'



Fresh DINING

shire services
Dining in Education

Menu Weeks		Friday	Thursday	Wednesday	Tuesday	Monday
WEEK 1	28/04/2014 19/05/2014 16/06/2014 07/07/2014 08/09/2014 29/09/2014 20/10/2014 17/11/2014 08/12/2014 12/01/2015 02/02/2015 02/03/2015 23/03/2015	Assorted Pizza (V) Herby Diced Potatoes Jacket Potatoes Sweetcorn Broccoli Butterfly Cake	Fish Fingers Breaded Salmon Fillet Chips Creamed Potatoes Baked Beans Peas Fruit Jelly Sundae	Roast Beef & Yorkshire Pudding with Gravy Creamed & Roast Potatoes Fresh Carrots Cabbage Cauliflower Sticky Toffee Pudding & Chocolate Sauce	Chicken Tikka Masala & Naan Bread Fishcake Long Grain Rice Potato Wedges Sweetcorn Broccoli Flapjack	Pork Meatballs in Tomato Sauce Pasta Carrots Green Beans Vanilla Iced Sponge & Custard
WEEK 2	05/05/2014 02/06/2014 23/06/2014 14/07/2014 15/09/2014 06/10/2014 03/11/2014 24/11/2014 15/12/2014 19/01/2015 09/02/2015 09/03/2015	Seaside Fish Fillet Chips Herby Pasta Baked Beans Peas Iced Bun	Roast Chicken & Gravy with Yorkshire Pudding Creamed & Roast Potatoes Carrots Green Beans Chocolate & Orange Sponge & Chocolate Sauce	Beef Bolognese Spaghetti Sweetcorn Broccoli Bakewell Tart & Custard	Roast Pork with Apple Sauce & Gravy Creamed & Roast Potatoes Carrots Cabbage Sweet Potato & Leek Bake Lemon Shortbread	Pasta Neapolitan (V) Fresh Bread Wedge Baked Beans Peas Iced Apple Cake & Custard
WEEK 3	12/05/2014 09/06/2014 30/06/2014 01/09/2014 22/09/2014 13/10/2014 10/11/2014 01/12/2014 05/01/2015 26/01/2015 23/02/2015 16/03/2015	Assorted Pizza (V) Herby Diced Potatoes Jacket Potatoes Sweetcorn Peas Marble Sponge & Chocolate Sauce	Seaside Fish Fillet Chips Pasta Baked Beans Broccoli Cookie	Roast Chicken & Gravy with Yorkshire Pudding Creamed & Roast Potatoes Carrots Cabbage Syrup Sponge & Custard	Bacon Carbonara Roast Vegetable Pasta Bake (V) Fresh Bread Peas Carrots Flapjack	Pork Sausages Creamed Potatoes Jacket Wedges Baked Beans Sweetcorn Apple Crumble & Custard



Put your hands up if
you LOVE school meals!

Homemade bread, fresh fruit salad and fruit yoghurts are available daily. Vegetables and salad may change to reflect seasonal availability. An additional vegetarian option is available on request. The menu may vary on promotional days.



SHROPSHIRE SAILING CLUB

OPEN DAY

COME AND VISIT US, ALL WELCOME,
TRY SAILING



SUNDAY 18th MAY 2014
11:00 - 16:00

Whitemere, Near Ellesmere, SY12 0HU

www.sailshropshire.co.uk



@sailshropshire



Headway Shropshire

Telephone : 01743 365271
Fax: 01743 365563

28th April 2014

Dear Sir/Madam,

Grow Smart With Dobbies & Headway Shropshire, School Garden Design Competition

We are honored to have been selected as Dobbies Garden Centre of Shrewsbury's Local Charity of the Year. We are a small local charity who help and rehabilitate people with a brain injury and also provide help & support to their carer's and families. A brain injury can affect people from all walks of life, all ages and all backgrounds and each disability as a result of the injury is different. During the next 12 months of our partnership we would like to celebrate the role of gardening as we, here at Headway Shropshire, use it very successfully in many of our rehabilitation programs.

And so to start this celebration, Dobbies and Headway Shropshire, have launched a garden design competition for all schools within a 20 mile radius of Dobbies Garden Centres of Shrewsbury. We want schools to design a garden that either promotes road safety and/or is encouraging to the disabled gardener. Your final design can use a maximum space of 2 metres by 2 metres but other than that stipulation, your only limit is your imagination! The winning school will receive all of the materials required to plant up the winning design in their school.

Lizzie Evans, Fundraising & Publicity Officer at Headway Shropshire says *'We support a lot of people and they don't generally have the same disabilities as a result of their injury, they could be blind, unable to speak or walk or they could have memory difficulties, learning problems, emotional problems or a combination. We are a specialised charity and we have to cover so many different disabilities, it is quite unusual. And what we would like is for you to really think about how to make your garden scheme appealing to as many different types of disabilities as possible. Or as we are a charity that promotes safety, in particular head safety, we would like to see something that promotes this through your garden scheme. A challenging design brief? Yes it is but we know that you are up to this challenge and we can't wait to see what you come up with.'*

The closing date for this competition will be 8th September 2014, we will announce the winner by 16th September 2014. The judging panel will be Lizzie Evans of Headway Shropshire and Kelly Rowson Community Champion of Dobbies, Shrewsbury. Please submit your entries to Kelly Rowson, Dobbies Garden Centres, Bayston Hill Nurseries, Shrewsbury, SY3 0DA by 8th September 2014.

Yours sincerely,

Lizzie Evans
Fundraising & Publicity Officer

Headway Shropshire
Holsworth Park
Oxon Business Park
Shrewsbury
Shropshire
SY3 5HJ

www.headwayshropshire.org.uk
Registered charity number 1100376
Company limited by guarantee number 4884834
Affiliated to Headway – The Brain Injury Association



Telford & Wrekin
01827 520000

Shropshire County
Primary Care Trust



Telford and Wrekin
Primary Care Trust



Telford and Wrekin
Primary Care Trust



Midsummer Night Fairy Walk



June 21st 11.30pm

Hope House, Morda, Oswestry

4 mile starlit stroll

Fairy wings and wands provided!

£15 registration or £60 for groups of 5

www.hopehouse.org.uk/events


Hope House
Children's Hospices
Registered charity number 1003859



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**Hope House**
Children's Hospices
Registered charity number 1003859

**SUNDAY,
JUNE 8TH 2014**

**Powerleague Pitches,
Shrewsbury Town Football Club**
**£50 registration per team
plus £150 sponsorship**
www.hopehouse.org.uk/events



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