

# THE



# BELL

Working together -Together things work

Week Commencing: 5 May 2014

Lunch Menu Week 2

Dear Parents,

I hope your children have had a good first week back in school and that you all had an enjoyable Easter. You will shortly be receiving a more detailed newsletter with details of what your child is learning during this term. Please note there is a Friends Meeting on Tuesday 6 May at 2pm here at school. Please see the note about the Summer Fayre on Saturday 7 June 2014, 11.00-2.00pm.

Have a good Bank holiday weekend.

Sean Sibley

**Nearly New Uniform Sale**  
**There will be a nearly new uniform sale on the yard on WEDNESDAY 7 MAY 2014**

**At 3.00pm**

**If you have any items that you wish to donate to the sale, please bring them to the school office. Thank you!**

### SADS

Thank you to everyone who supported our non school uniform day at the end of last term- we raised a total of **£129** for SADS (Sudden Arrhythmic Death Syndrome)UK, the national cardiac charity. They have issued us with a defibrillator and staff have now been trained in how to use it, should the need arise.



If you are between 7 and 10 years of age then this is for you!

1st Whittington Brownies meet on a Thursday night at Whittington Community Centre from 6.00-7.15pm.

Come and join us for games, badges, crafts and FUN!

Go to [www.girlguidinguk.co.uk](http://www.girlguidinguk.co.uk) to sign up.

For additional information call 07868660241

## Get into golf

**Junior Taster / Coaching Sessions at HENLE PARK GOLF CLUB**

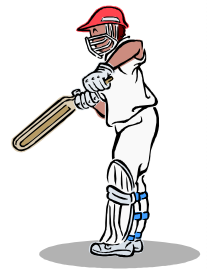
**Saturday mornings and Thursday evenings in May. Please call 01691 670680 for details**

### CRICKET COACHING

Starting Wednesday 7 May 2014 6.15pm, for 12 weeks

Open to children aged 9 and over £3 per session or £30 if paid in full. Please contact Mike Brunt for more information:

[m.brunt\\_greystone@fsmail.net](mailto:m.brunt_greystone@fsmail.net)



**Girls Brigade Fundraiser**  
**Beetle Drive**  
**Christ Church Hall**  
**(opposite library in Oswestry)**  
**Tuesday 6 May 2014**  
**6.00pm**

**Tickets £2**

**Come and join us for a fun family night**

M&S  
SIMPLY  
FOOD

FOW Bag Packing at M&S Simply Food thank you to everyone who gave up their time to come and pack bags—we raised a total of £202.18. Thank you!

# DIARY DATES

- The Week Ahead

**Monday 5 May THIS IS A BANK HOLIDAY.  
CHILDREN DO NOT ATTEND SCHOOL**

## Tuesday 6 May

12.30—1.00pm I-pod Club for children in Year 6.  
PM Drumming Lessons.  
PM Violin lessons for children in Years 4 and 5  
2.00pm Friends Meeting in the Britannia Room  
3.15—3.30pm Library open  
3.15—4.15pm Dance Club for children in Years 1 + 2. £30 for 10 weeks  
3.15—4.15pm Hoola Hoop Club for children in Years 3-6 £12 for 5 sessions  
3.15—4.30pm Cricket Club for children in Years 5+6.

## Wednesday 7 May SCOOTER SLIPS DEADLINE

AM NO Welly Wednesdays for children in Years 1 and 2.  
Indoor Athletics Festival at the Marches School for certain children in Year 2  
Please remember your packed lunches! Back at 12.30pm  
PM Sports Coaching for children in Years 2, 3 and 4  
3.00pm NEARLY NEW UNIFORM SALE  
3.15—4.00pm Homework Club for children in Years 5 and 6—LAST ONE  
3.15—4.15pm Mad Science Club for children in Years 3-6  
3.15—4.30pm J H Coaching—Football Club for all year groups.

## Thursday 8 May

AM Scooter Training for children in Reception, years 1 and 2  
3.15—4.15pm Art & Craft Club.  
3.15—4.15pm Rounders Club for children in years 4-6 with Mrs Jones and Miss Duggan. .  
3.15—4.30pm Multisports Club for children in years 1 and 2. Spaces available  
3.45pm Cross Country at The Marches School.

## Friday 9 May

1.00—2.00pm Children in Year 5 walking to Church to watch a concert as part of the Whittington Music Festival  
3.15—4.30pm Gymnastics Club—FULL  
7.30pm Concert in the Church starring two of our violinists: Sion Smith and Jess Charmley

## DIARY DATES—Countdown to Summer Holiday

### MAY

- Monday 12 9.15am Year 4 Sports Superstars-come to school in PE kit
- Monday 12—Friday 16 SATs for Children in Year 6
- Wednesday 14 AM Welly Wednesday is on for children in years 1 and 2.  
Children in Year 1 come to school in outdoor clothes and bring uniform to change into.  
Children in Year 2 come to school in outdoor clothes and bring outdoor PE kit to change into.  
1.45pm - Education welfare Officer coming into school to check attendance
- Friday 16 Closing date for entries in the Millicent Kaye Art Competition
- Monday 19 PM Sports Superstars competition for children in Year 4 at Thomas Adams School, Wem. Back before the end of the school day.
- Friday 23 Break up for Half Term

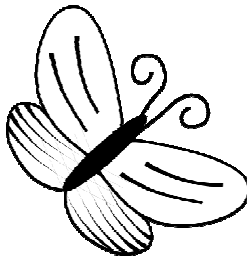
### JUNE

- Monday 2 Children return to school after half term
- Saturday 7 Friends Summer Fair
- Wednesday 11 Mad science Club- last session for children in Years 3-6
- Friday 13 KS1 Singing Festival at Holy Trinity Primary School 9.30—11.30am
- Monday 16 Year 5 Open Door event
- Friday 20 Recorder Workshop here at school 9.30—11.30am

### JULY

- Wednesday 2 Key Strings event here at school
- Monday 7 Shropshire Sings event for children in Year 2.  
Rehearse 3pm, Concert 6.30—8.00pm
- Wednesday 9 Sports Day at 1.30pm (1st choice)
- Thursday 10 Shropshire Sings event for children in Year 2.  
Rehearse 3pm, Concert 6.30—8.00pm
- Friday 11 Sports Day at 1.30pm (2nd choice)
- Monday 14 Leavers' Service at the Church 1.30pm
- Tuesday 15 Year 6 Performance 5.00pm
- Wednesday 16 Year 6 Lunch with the Senior Citizens  
Open Evening 3.30—6.00pm for parents
- Thursday 17 Break up for Summer Holidays

(Friday 18 and Monday 21 PD Day when children do not attend school)



Sunday 11 May,  
Whittington Church  
At 4.00pm



## Time to Praise

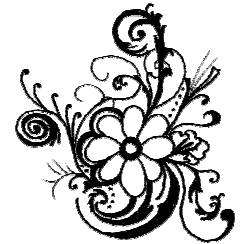
*Messy Church* for Easter Time

We begin with crafts and activities at 4 p.m.

At 4.30 p.m. we gather for a short act of worship  
with songs and a story.

We end with sandwiches, cakes and drinks for  
all to share.

Everyone welcome



**Whittington C of E Primary School is holding a  
fabulous Summer Fayre, which will be held on  
Saturday 7 June 2014  
11am 'til 2pm.**

**Put it in your diary, or on your calendar NOW!  
More details to come with some fantastic  
attractions and stalls for all of the family  
to enjoy!**



We are delighted to announce our 2014 primary school meal menus, which offer a superb range of healthy and nutritious foods.

All dishes produced by Shire Services meet the government's 'Nutritional Standards' and are analysed using the "Saffron Nutritional Analysis System".

Shire Services is committed to the Soil Association's 'Food for Life' initiative. Meals are prepared using fresh local ingredients. Fish products meet the 'Marine Stewardship Council' standards (MSC), and the ingredients used do not contain any of the 22 additives prohibited by Shropshire Council in school meals (see the 'Food for Life' website for further information). [www.foodforlife.org.uk](http://www.foodforlife.org.uk)

### Where our food comes from...

- Our meals are freshly prepared, using seasonal ingredients.
- We actively source local suppliers and products, including free range eggs and farm assured produce.
- All meat and poultry products used in the menu are sourced from within the U.K., from Shropshire and the West Midlands, using local butchers and the U.K. Foodhall in Shrewsbury.
- Yoghurts are supplied by Muller of Market Drayton and cheese by Belton Farm of Whitchurch.
- Fruit and vegetables are supplied from both Shropshire and the West Midlands, when in season.

### We can cater for pupils with food intolerance

Please contact us on 01743 250250 for further information.

### Special Themed Menus

We also offer a series of theme day menus throughout the year, including menus celebrating Chinese New Year, British Farmhouse Breakfast Week and British Sausage Week, to mention a few. Menu posters will be displayed at school and on our website.

### Tips for a healthy lifestyle...

- Eat a good meal (main course and dessert, or main course and salad) at least once every day
- Try to eat 5 servings of fruit and vegetables a day.
- Drink up to 6 glasses of water a day to keep you hydrated. This is very important, especially when taking part in sports and other physical activities.
- Eat more oily fish to improve your brain power and increase your level of concentration.
- Don't snack on packets of crisps and biscuits, but choose fruit instead.

### Free School Meals

You may qualify for free school meals. Telephone 0345 678 9000 for further information.

### Why not join our team?

We offer job opportunities for employment in administration, catering and cleaning. All job vacancies are advertised at [www.shropshire.gov.uk](http://www.shropshire.gov.uk)

### Head Office

Shire Services  
Shirehall  
Shrewsbury  
SY2 6ND  
Tel: 01743 250250  
[shire.services@shropshire.gov.uk](mailto:shire.services@shropshire.gov.uk)

1 Choice Menu C

Follow us on Facebook and Twitter  
as 'Shropshire School Meals'



Fresh DINING

shire services  
Dining in Education

Menu Weeks		Friday	Thursday	Wednesday	Tuesday	Monday
<b>WEEK 1</b>	28/04/2014 19/05/2014 16/06/2014 07/07/2014 08/09/2014 29/09/2014 20/10/2014 17/11/2014 08/12/2014 12/01/2015 02/02/2015 02/03/2015 23/03/2015	Assorted Pizza (V) Herby Diced Potatoes Jacket Potatoes Sweetcorn Broccoli Butterfly Cake	Fish Fingers Breaded Salmon Fillet Chips Creamed Potatoes Baked Beans Peas Fruit Jelly Sundae	Roast Beef & Yorkshire Pudding with Gravy Creamed & Roast Potatoes Fresh Carrots Cabbage Cauliflower Sticky Toffee Pudding & Chocolate Sauce	Chicken Tikka Masala & Naan Bread Fishcake Long Grain Rice Potato Wedges Sweetcorn Broccoli Flapjack	Pork Meatballs in Tomato Sauce Pasta Carrots Green Beans Vanilla Iced Sponge & Custard
<b>WEEK 2</b>	05/05/2014 02/06/2014 23/06/2014 14/07/2014 15/09/2014 06/10/2014 03/11/2014 24/11/2014 15/12/2014 19/01/2015 09/02/2015 09/03/2015	Seaside Fish Fillet Chips Herby Pasta Baked Beans Peas Iced Bun	Roast Chicken & Gravy with Yorkshire Pudding Creamed & Roast Potatoes Carrots Green Beans Chocolate & Orange Sponge & Chocolate Sauce	Beef Bolognese Spaghetti Sweetcorn Broccoli Bakewell Tart & Custard	Roast Pork with Apple Sauce & Gravy Creamed & Roast Potatoes Carrots Cabbage Sweet Potato & Leek Bake Lemon Shortbread	Pasta Neapolitan (V) Fresh Bread Wedge Baked Beans Peas Iced Apple Cake & Custard
<b>WEEK 3</b>	12/05/2014 09/06/2014 30/06/2014 01/09/2014 22/09/2014 13/10/2014 10/11/2014 01/12/2014 05/01/2015 26/01/2015 23/02/2015 16/03/2015	Assorted Pizza (V) Herby Diced Potatoes Jacket Potatoes Sweetcorn Peas Marble Sponge & Chocolate Sauce	Seaside Fish Fillet Chips Pasta Baked Beans Broccoli Cookie	Roast Chicken & Gravy with Yorkshire Pudding Creamed & Roast Potatoes Carrots Cabbage Syrup Sponge & Custard	Bacon Carbonara Roast Vegetable Pasta Bake (V) Fresh Bread Peas Carrots Flapjack	Pork Sausages Creamed Potatoes Jacket Wedges Baked Beans Sweetcorn Apple Crumble & Custard



Put your hands up if  
you LOVE school meals!

Homemade bread, fresh fruit salad and fruit yoghurts are available daily. Vegetables and salad may change to reflect seasonal availability. An additional vegetarian option is available on request. The menu may vary on promotional days.





## SHROPSHIRE SAILING CLUB

# OPEN DAY

COME AND VISIT US, ALL WELCOME,  
TRY SAILING



**SUNDAY 18th MAY 2014**  
**11:00 - 16:00**

Whitemere, Near Ellesmere, SY12 0HU

[www.sailshropshire.co.uk](http://www.sailshropshire.co.uk)



@sailshropshire

# Midsummer Night Fairy Walk



June 21st 11.30pm

Hope House, Morda, Oswestry

4 mile starlit stroll

Fairy wings and wands provided!

£15 registration or £60 for groups of 5

[www.hopehouse.org.uk/events](http://www.hopehouse.org.uk/events)

 **Hope House**  
Children's Hospices  
Registered charity number 1003859



Sponsored by





# WORLD CUP



**Hope House**  
Children's Hospices  
Registered charity number 1003859

**SUNDAY,  
JUNE 8TH 2014**

**Powerleague Pitches,  
Shrewsbury Town Football Club**  
**£50 registration per team  
plus £150 sponsorship**  
**[www.hopehouse.org.uk/events](http://www.hopehouse.org.uk/events)**



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