

# THE



# BELL

Working together -Together things work

Week Commencing: 2 June 2014

## Lunch Menu Week 2

Dear Parents,

Congratulations to our tennis team who played really well in a local tournament on Wednesday. Special congratulations to Henry Walker who won his group by winning every game! Another congratulations to our year 4 class who won the Sports Superstars competition. This is actually the third year we have won this trophy. This involved the children competing against other schools in a number of different athletics events. Finally thank you to all the cross country runners who tried their hardest last night. Please don't forget our Summer fair and also that we desperately need more volunteers to run stalls, set up and clear away at the end. You will shortly be receiving a separate letter about the Friends group. Enjoy your week and we look forward to seeing everyone back on Monday 2nd June. Sean Sibley



## ECO NEWS

The Eco-warriors have been busy in the veg patch. Over wintering onions, garlic, peas and broad beans are doing well.

**Year 1** have planted out their sunflowers and some radishes whilst **Year 2** have transplanted their French beans.

**Year 3** have been picking radishes and lettuces and **Year 4** have been planting carrots.

**Year 5** have put out their broccoli and cabbage seedlings.

As ever, we are still on the lookout for children's size gardening gloves and hand trowels if you have any spare.

## IMPORTANT PUBLIC MEETING about Fracking

7pm on Thursday 29<sup>th</sup> May 2014  
at Criftings Parish Hall

**Frack-free Dudleston inaugural meeting explaining about fracking in this area. There has also been an application to site a drill-rig just 500 metres from Whittington Primary School. Support them and they might support us!**

**Your local MP Owen Paterson has been invited**  
**Visit [www.frackfreedudleston.org.uk](http://www.frackfreedudleston.org.uk) for more information**

## Sainsburys Active Kids



The Sainsbury's Active Kids scheme is drawing to a close and they have now finished issuing vouchers at the checkout. If you have any vouchers at home, please bring them in to school **before Friday 4 July 2014** to enable us enough time to count them and redeem them before the closing date of 18 July 2014. Thank you for your on-going support.



Aged 7-10?

1st Whittington Brownies meet on a Thursday night at Whittington Community Centre from 6.00—7.15pm.

Come and join us for games, badges, crafts and FUN! Go to [www.girlguidinguk.co.uk](http://www.girlguidinguk.co.uk) to sign up. For additional information call 07868660241

# DIARY DATES— The Week Ahead - DEXYS is on all week

## Monday 2 June RETURN TO SCHOOL AFTER HALF TERM

- 9.42AM Year 6 catching the bus to Oswestry to purchase goods for their stall at the Summer Fayre. Return to school in time for lunch. Remember £1.45 return fare!
- PM NO Muddy Mondays for children in reception Class
- 3.15—4.30pm Multisports Club with Mr Walker
- 3.30—4.30pm Bowling Club for children in Years 5+6. Free. Parents must take and collect their child or allow them to walk.

## Tuesday 3 June

- 12.30—1.00pm I-pod Club for children in Year 6.
- PM Drumming Lessons with new teacher Faye Jones
- PM Violin lessons for children in Years 4 and 5
- 3.15—3.30pm Library open
- 3.15—4.15pm Dance Club for children in Years 1 + 2. £3/week. Please pay the dance teacher
- 3.15—4.15pm Hoola Hoop Club for children in Years 3-6 £12 for 5 sessions
- 3.15—4.30pm Cricket Club

## Wednesday 4 June

- 9.00am Year 6 to Tesco in Ellesmere for 'Farm to Fork' event. Back in time for lunch.
- 9.30am Kwik Cricket Festival at Oswestry Cricket Club. Remember packed lunch and drinks!
- AM Welly Wednesdays is ON for children in Years 1 and 2.  
Children in Year 1 come to school in warm outdoor clothes and bring uniform to change in to.  
Children in Year 2 come to school in warm outdoor clothes and bring outdoor sports kit to change in to for sports coaching in the afternoon.
- PM LAST Sports Coaching for children in Years 2, 3 and 4
- 3.15pm NO Homework Club—this has now finished
- 3.15—4.15pm Mad Science Club for children in Years 3-6
- 3.15—4.30pm J H Coaching—Football Club for all year groups.

## Thursday 5 June

- 3.15—4.15pm Art & Craft Club.
- 3.15—4.15pm Rounders Club for children in years 4-6 with Mrs Jones and Miss Duggan. .
- 3.15—4.30pm Multisports Club for children in years 1 and 2. Spaces available

## Friday 6 June

- ALL DAY Sample Day for Year 6 children going to Marches in September 8.40am—3.00pm
- 3.15—4.30pm Gymnastics Club—LAST SESSION FOR THIS GROUP

## DIARY DATES—Countdown to Summer Holiday

### JUNE

- Saturday 7 Friends Summer Fair 11.00—2.00pm
- Tuesday 10 No Dance Club after school  
Portraits of Dads appearing in The Advertiser
- Wednesday 11 PM Sports Coaching starts for children in Years 5+6. Please make sure you have outdoor PE kit in school every Wednesday until the end of term.  
Mad science Club- last session for children in Years 3-6
- Thursday 12 Vision screening for children in Reception Class
- Friday 13 KS1 Singing Festival at Holy Trinity Primary School 9.30—11.30am for children in Year 1. Please pay £1 towards the cost of transport.
- Monday 16 Year 5 Open Door event. Details to follow.
- Tuesday 17 Senior Citizens having a school dinner delivered.  
No Dance Club after school
- Thursday 19 1.15—2.30pm Year 6 (Group A) doing First Aid in the Hall
- Friday 20 Recorder Workshop here at school 9.30—11.30am
- Tuesday 24 Open evening at Marches for children currently in Year 5- 7pm
- Wednesday 25 Class Act violin concert by children in Year 4 at Theatre Severn
- Thursday 26 1.15—2.30pm Year 6 (Group B) doing First Aid in the Hall  
1.30pm Sophy Bellis from Lakelands coming in to talk to children in Year 6 who are going to Lakelands in September.
- Monday 30 Bikeability Training for children in Year 6—Group A
- Monday 30 June—Friday 4 July Science Week (full timetable to follow)

### JULY

- Tuesday 1 Bikeability Training for children in Year 6—Group A
- Wednesday 2 Key Strings event here at school
- Monday 7 Bikeability Training for children in Year 6- Group B  
Shropshire Sings event at West Mid Showground for children in Year 2.  
Rehearse 3pm, Concert 6.30—8.00pm
- Tuesday 8 Bikeability Training for children in Year 6—Group B
- Wednesday 9 Sports Day at 1.30pm (1st choice)
- Thursday 10 Induction Day and Evening for Year 6 children going to Marches in September 8.40am—3.00pm. Evening times to be confirmed.  
Shropshire Sings event at West Mid Showground for children in Year 3.  
Rehearse 3pm, Concert 6.30—8.00pm
- Friday 11 Sports Day at 1.30pm (reserve date)
- Monday 14 Leavers' Service at the Church 1.30pm
- Tuesday 15 Year 6 Performance 5.00pm
- Wednesday 16 Year 6 Lunch with the Senior Citizens  
Open Evening 3.30—6.00pm for parents
- Thursday 17 Break up for Summer Holidays  
(Friday 18 and Monday 21 PD Day when children do not attend school)



**SATURDAY 7<sup>TH</sup>  
JUNE  
11AM – 2PM  
WHITTINGTON  
SCHOOL FAYRE**

**Come join us for a couple of hours of family fun,  
lots to do.....**

**Everyones a winner on most stalls.**

**No entrance charge.**

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**Burgers,  
sausages, donuts  
& cakes**

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**Face painting**

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**Make a  
personalized  
present for  
Father's day**

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**Hook a duck, toy  
stall, win a teddy  
and lots more.**

**WHITTINGTON  
PRIMARY SCHOOL**

**Station road  
whittington  
SY11 4DA**





**Pottery Painting fun**  
**with Honey Pots**  
at Whittington School's Summer Fayre  
on Saturday 7<sup>th</sup> June 2014

**Why not get the kids to paint Dad a gift for  
Father's Day?**

Reduced Studio fees for this event at £2.00 per person plus the  
cost of your pottery.

Plates & mugs £6.50 each

Additional charges if you wish us to paint any text onto items for you

All pottery will be back at school by Thursday 12<sup>th</sup> June 2014  
or you can collect from in-store



Honey Pots studio is open for pottery  
painting during half term  
No experience necessary  
Booking advisable

Honey Pots • 24 Church Street • Oswestry SY11 2SP

01691 655231

[www.honey-pots.com](http://www.honey-pots.com)

## The Great British Space Dinner: UK students invited to design a meal fit for an astronaut



The UK Space Agency is today launching a competition for school children between the ages of 7 and 14 to design a British-inspired, balanced and exciting meal for British ESA astronaut Tim Peake to eat during his 6 month mission to the International Space Station (ISS).

The winning contestants will be invited to develop their ideas further with celebrity chef Heston Blumenthal, and these ideas will be turned into real space food that will be launched to the ISS. They will also be invited to an event that will include a live link up with Tim during his stay on the ISS.



Children will need to design a British-inspired meal for Tim to eat in space, taking account of normal nutritional principles as well as the constraints of space (such as handling, packaging and preservation).

Entries must be submitted by noon on 30 June 2014 to the UK Space Agency via [spacedinner@ukspaceagency.bis.gsi.gov.uk](mailto:spacedinner@ukspaceagency.bis.gsi.gov.uk) or by post. The [entry form and competition rules](#) will be available on the UK Space Agency website. Entries must include an ingredients list, the recipe and a photograph of the meal. Videos may also be used and links should be provided in the written submission.

There are educational resources linked to the Tim Peake mission for all key stages, available on the ESERO-UK website at [www.esero.org.uk/timpeake](http://www.esero.org.uk/timpeake)

A team of judges, which will include Tim Peake, Heston Blumenthal and experts from the British Nutritional Foundation, will select the best entries. They will be looking for fun and healthy menus that excite Tim, have an element of Britishness, and have the potential to be transformed into a space dinner that could be flown to the ISS.

## A Message from the Friends

- \* From **Monday 19th** there will be small cups available from the school Office for parents and children to fill with sweets, or small toys. Once filled, can you please return them to Lucy in the Office. Ideally, we will need them back by **Friday 23rd May**. These will be sold on the day of the Friends Summer Fayre.
- \* We're also looking for teddies, in good condition and clean please. If you could hand them in at the Office to Lucy, that would be fantastic. They can be handed in asap. Thank you.
- \* We also need donations of toys, games, books etc, all in good condition and clean please. Why not have a clear out and make some space? Again, all donations to be handed to Lucy in the office as soon as you can please. Thank you.
- \* The Friends Summer Fayre is on **Saturday 7th June, 11 - 2**. If you can spare any time at all to help set up, run a stall for a while or help to clear away, we'd be so very grateful. There will be a list going up in the Office area soon so that you can put your name and what you can help with down.
- \* Nearer to the day, we'll be asking for donations of cakes (homemade or shop bought) and bottles. Watch this space for the date.

The Friends of Whittington charity realise that the above seems like a big ask, it must seem like we're always requesting 'something' but this is your child's school and the money we receive, goes back into the school for new story books, pens, craft items, treats, money towards trips out etc.

We always appreciate every single donation, in whatever form. So, please, whatever you can give will help us provide the things that the children need to enjoy their education.

Thank you





COME AND SEE MY SCHOOL...

**Year 5** Information Evening  
Tuesday 24<sup>th</sup> June | 7.00pm

**Parent Tours** | 9.00am  
7<sup>th</sup> | 9<sup>th</sup> | 14<sup>th</sup> | 16<sup>th</sup> | July

“ EVERY DAY IS AN OPEN DAY AT THE MARCHES ”



We are delighted to announce our 2014 primary school meal menus, which offer a superb range of healthy and nutritious foods.

All dishes produced by Shire Services meet the government's 'Nutritional Standards' and are analysed using the "Saffron Nutritional Analysis System".

Shire Services is committed to the Soil Association's 'Food for Life' initiative. Meals are prepared using fresh local ingredients. Fish products meet the 'Marine Stewardship Council' standards (MSC), and the ingredients used do not contain any of the 22 additives prohibited by Shropshire Council in school meals (see the 'Food for Life' website for further information). [www.foodforlife.org.uk](http://www.foodforlife.org.uk)

### Where our food comes from...

- Our meals are freshly prepared, using seasonal ingredients.
- We actively source local suppliers and products, including free range eggs and farm assured produce.
- All meat and poultry products used in the menu are sourced from within the U.K., from Shropshire and the West Midlands, using local butchers and the U.K. Foodhall in Shrewsbury.
- Yoghurts are supplied by Muller of Market Drayton and cheese by Belton Farm of Whitchurch.
- Fruit and vegetables are supplied from both Shropshire and the West Midlands, when in season.

### We can cater for pupils with food intolerance

Please contact us on 01743 250250 for further information.

### Special Themed Menus

We also offer a series of theme day menus throughout the year, including menus celebrating Chinese New Year, British Farmhouse Breakfast Week and British Sausage Week, to mention a few. Menu posters will be displayed at school and on our website.

### Tips for a healthy lifestyle...

- Eat a good meal (main course and dessert, or main course and salad) at least once every day
- Try to eat 5 servings of fruit and vegetables a day.
- Drink up to 6 glasses of water a day to keep you hydrated. This is very important, especially when taking part in sports and other physical activities.
- Eat more oily fish to improve your brain power and increase your level of concentration.
- Don't snack on packets of crisps and biscuits, but choose fruit instead.

### Free School Meals

You may qualify for free school meals. Telephone 0345 678 9000 for further information.

### Why not join our team?

We offer job opportunities for employment in administration, catering and cleaning. All job vacancies are advertised at [www.shropshire.gov.uk](http://www.shropshire.gov.uk)

### Head Office

Shire Services  
Shirehall  
Shrewsbury  
SY2 6ND  
Tel: 01743 250250  
[shire.services@shropshire.gov.uk](mailto:shire.services@shropshire.gov.uk)

1 Choice Menu C



Follow us on Facebook and Twitter  
as 'Shropshire School Meals'



**Fresh DINING**

*shire services*  
Dining in Education

Menu Weeks		Friday	Thursday	Wednesday	Tuesday	Monday
<b>WEEK 1</b>	28/04/2014 19/05/2014 16/06/2014 07/07/2014 08/09/2014 29/09/2014 20/10/2014 17/11/2014 08/12/2014 12/01/2015 02/02/2015 02/03/2015 23/03/2015	Assorted Pizza (V) Herby Diced Potatoes Jacket Potatoes Sweetcorn Broccoli Butterfly Cake	Fish Fingers Breaded Salmon Fillet Chips Creamed Potatoes Baked Beans Peas Fruit Jelly Sundae	Roast Beef & Yorkshire Pudding with Gravy Creamed & Roast Potatoes Fresh Carrots Cabbage Cauliflower Sticky Toffee Pudding & Chocolate Sauce	Chicken Tikka Masala & Naan Bread Fishcake Long Grain Rice Potato Wedges Sweetcorn Broccoli Flapjack	Pork Meatballs in Tomato Sauce Pasta Carrots Green Beans Vanilla Iced Sponge & Custard
<b>WEEK 2</b>	05/05/2014 02/06/2014 23/06/2014 14/07/2014 15/09/2014 06/10/2014 03/11/2014 24/11/2014 15/12/2014 19/01/2015 09/02/2015 09/03/2015	Seaside Fish Fillet Chips Herby Pasta Baked Beans Peas Iced Bun	Roast Chicken & Gravy with Yorkshire Pudding Creamed & Roast Potatoes Carrots Green Beans Chocolate & Orange Sponge & Chocolate Sauce	Beef Bolognese Spaghetti Sweetcorn Broccoli Bakewell Tart & Custard	Roast Pork with Apple Sauce & Gravy Creamed & Roast Potatoes Carrots Cabbage Sweet Potato & Leek Bake Lemon Shortbread	Pasta Neapolitan (V) Fresh Bread Wedge Baked Beans Peas Iced Apple Cake & Custard
<b>WEEK 3</b>	12/05/2014 09/06/2014 30/06/2014 01/09/2014 22/09/2014 13/10/2014 10/11/2014 01/12/2014 05/01/2015 26/01/2015 23/02/2015 16/03/2015	Assorted Pizza (V) Herby Diced Potatoes Jacket Potatoes Sweetcorn Peas Marble Sponge & Chocolate Sauce	Seaside Fish Fillet Chips Pasta Baked Beans Broccoli Cookie	Roast Chicken & Gravy with Yorkshire Pudding Creamed & Roast Potatoes Carrots Cabbage Syrup Sponge & Custard	Bacon Carbonara Roast Vegetable Pasta Bake (V) Fresh Bread Peas Carrots Flapjack	Pork Sausages Creamed Potatoes Jacket Wedges Baked Beans Sweetcorn Apple Crumble & Custard



Put your hands up if  
you LOVE school meals!

Homemade bread, fresh fruit salad and fruit yoghurts are available daily. Vegetables and salad may change to reflect seasonal availability. An additional vegetarian option is available on request. The menu may vary on promotional days.





# Headway Shropshire

Telephone : 01743 365271  
Fax: 01743 365563

28<sup>th</sup> April 2014

Dear Sir/Madam,

## Grow Smart With Dobbies & Headway Shropshire, School Garden Design Competition

We are honored to have been selected as Dobbies Garden Centre of Shrewsbury's Local Charity of the Year. We are a small local charity who help and rehabilitate people with a brain injury and also provide help & support to their carer's and families. A brain injury can affect people from all walks of life, all ages and all backgrounds and each disability as a result of the injury is different. During the next 12 months of our partnership we would like to celebrate the role of gardening as we, here at Headway Shropshire, use it very successfully in many of our rehabilitation programs.

And so to start this celebration, Dobbies and Headway Shropshire, have launched a garden design competition for all schools within a 20 mile radius of Dobbies Garden Centres of Shrewsbury. We want schools to design a garden that either promotes road safety and/or is encouraging to the disabled gardener. Your final design can use a maximum space of 2 metres by 2 metres but other than that stipulation, your only limit is your imagination! The winning school will receive all of the materials required to plant up the winning design in their school.

Lizzie Evans, Fundraising & Publicity Officer at Headway Shropshire says *'We support a lot of people and they don't generally have the same disabilities as a result of their injury, they could be blind, unable to speak or walk or they could have memory difficulties, learning problems, emotional problems or a combination. We are a specialised charity and we have to cover so many different disabilities, it is quite unusual. And what we would like is for you to really think about how to make your garden scheme appealing to as many different types of disabilities as possible. Or as we are a charity that promotes safety, in particular head safety, we would like to see something that promotes this through your garden scheme. A challenging design brief? Yes it is but we know that you are up to this challenge and we can't wait to see what you come up with.'*

The closing date for this competition will be 8<sup>th</sup> September 2014, we will announce the winner by 16<sup>th</sup> September 2014. The judging panel will be Lizzie Evans of Headway Shropshire and Kelly Rowson Community Champion of Dobbies, Shrewsbury. Please submit your entries to Kelly Rowson, Dobbies Garden Centres, Bayston Hill Nurseries, Shrewsbury, SY3 0DA by 8<sup>th</sup> September 2014.

Yours sincerely,

Lizzie Evans  
Fundraising & Publicity Officer

Headway Shropshire  
Holsworth Park  
Oxon Business Park  
Shrewsbury  
Shropshire  
SY3 5HJ

[www.headwayshropshire.org.uk](http://www.headwayshropshire.org.uk)  
Registered charity number 1100376  
Company limited by guarantee number 4884834  
Affiliated to Headway – The Brain Injury Association



Telford & Wrekin  
Primary Care Trust

Shropshire County  
Primary Care Trust



Telford and Wrekin  
Primary Care Trust



Telford and Wrekin  
Primary Care Trust





# Midsummer Night Fairy Walk



June 21st 11.30pm

Hope House, Morda, Oswestry

4 mile starlit stroll

Fairy wings and wands provided!

£15 registration or £60 for groups of 5

[www.hopehouse.org.uk/events](http://www.hopehouse.org.uk/events)

 **Hope House**  
Children's Hospices  
Registered charity number 1003859



Sponsored by



# WORLD CUP



**Hope House**  
Children's Hospices  
Registered charity number 1003859

**SUNDAY,  
JUNE 8TH 2014**

**Powerleague Pitches,  
Shrewsbury Town Football Club**  
**£50 registration per team  
plus £150 sponsorship**  
**[www.hopehouse.org.uk/events](http://www.hopehouse.org.uk/events)**



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**Santander**